

Views on correspondence and causation - an enclosure to the book
A Compendium of the Metamorphic Technique

“Becoming Who We Are”, a text written by Dave Singer many years ago and reproduced in the book “A Compendium of the Metamorphic Technique”, conveys a way of understanding the Metamorphic Technique in harmony with the enthusiasm of having found a new approach totally respectful of the people receiving sessions. However, the thinking about the principles behind the work has evolved over the years and this has helped to further clarify our role as practitioners. It has become obvious that as practitioners we cannot claim any success for ourselves or the Technique, as it is the life force of the clients that brings about the transformation of their patterns. We notice that healing, help, cure and change occur as a by-product of this transformation. Life always works towards the fulfilment of the highest potential. The short article below is a demonstration of the progress of our understanding, and it is exemplified by giving new updated wording for some of the quotations from David’s book.

All quotations from David Singers book are in italic below.

Universal principles regulate all manifestations of life. The laws that we may infer from them are at the basis of the magnificent order that we witness from the movement of the atoms to the impersonal precision of the dance of the galaxies.

The principle of causation states that every cause has an effect; the linear occurrence of the lush abundance of nature – out of a seed will emerge a plant – is well stated in the saying: ‘As you sow, so shall you reap.’ It is at the basis of our technology, of materialism, and especially of our way of thinking.

The principle of correspondence is at the basis of language, mathematics, rituals, symbolism and artistic creation, a much finer expression of our everyday reality. It is summed up in the saying: ‘Everything is a mirror that reflects every other thing.’ A more abstract way of expressing it is: ‘As above so below, as below so above.’ The Metamorphic Technique is based on this principle and is therefore not a therapy; therapies find their dynamism in the principle of causation.

Because it is grounded in the linear structure of cause and effect, our thinking is accustomed to asking the question ‘why’, and is looking for an answer in the past with ‘because’. Creativity is based on the globality of the law of correspondence. There is no programme, no recipe to the emergence of new universes, the product of intuition, inspiration and imagination.

The grooves of linearity have been traced deep in our brain through habits and repetition, experience and knowledge, memory and inertia. Hence the importance of questioning the language we use when describing the new insights that come from the acceleration of the vibrational frequency of our consciousness. One of the definitions of the word ‘metamorphosis’ is: ‘transmutation into a finer substance’. Let us therefore correct certain definitions that have found their way into the explanation of the Metamorphic Technique, by pointing towards current wording that more accurately represents the essential nature of the Technique.

The practice of the Metamorphic Technique consists in touching lightly certain areas of the feet, hands and head. David Singer writes: *“It is an undemanding form of contact that enables the recipient to become sensitised to his or her own needs and resources, bringing about the possibility of a positive movement of change on both a physical and psychological level. A light touch is applied to specific areas of the feet, hands and head to loosen deeply-rooted energy blockages within the individual. The practice essentially empowers the individual to let go of old ways of being, thereby releasing the potential for transformation and creative growth.”*¹

Yes, a light touch is applied but the touch does not enable anything; it is the power of life within the person that loosens deeply-rooted energy blockages and empowers the individual to let go of old ways of being, thereby releasing the potential for transformation and creative growth.

Another quotation from David’s book affirms that the Metamorphic Technique is *“a practice which recognises that ultimately we create our own stresses, {sure enough, but it goes on to then say} it provides a means of bringing about a permanent resolution at a deeper level through the provision of gentle contact on certain parts of the feet, hands and head.”*²

The resolution is done by the innate intelligence of the person, not by the practice, which is a ritual. The transformation of the food into the body and the distribution of the proteins, enzymes and so on are overseen by the intelligence of the body and not the product of the ritual of sitting at a table to eat.

The Metamorphic Technique is not concerned with change but with transformation. The following quotation should be corrected.: *“The gentle contact provided is indicative of a desire to be of service but also conveys an attitude of detachment, of remaining out of the way and, under 3these conditions, the full force of the individual’s life energy is allowed to flow with complete freedom. The practitioner’s role is to act as a catalyst for a movement of change for the better.”*³

The function of a catalyst is simply to be present without indicating a direction. The direction is inherent to the fact e.g. seed into plant, caterpillar into butterfly, sperm and ovum into a human being. Transformation is occurring within unity – there is one energy and a dance of form – change occurs within duality. ‘For the better’ implies a direction provided by the practitioner. The last sentence of that particular quotation should read: “The practitioner’s role is to act as a catalyst and the power of life within the client does whatever is necessary for that person.

The next paragraph of that passage states that “... a permanent change can occur because the purpose of the ailment is touched upon and then released.”⁴ A change is always reversible and is a movement created and catered for by the mind. Transformation is permanent: a butterfly cannot regress into a caterpillar. It appears that only the life force in connection with the innate intelligence of a person can fulfil the purpose of an ailment and release it.

The word ‘technique’ within the context of the Metamorphic Technique is defined in a specific way: an approach that perfects itself in the practice. This approach is one of detachment, of keeping out of the way. The fact of saying the following is a misrepresentation: “*The Metamorphic Technique is so named because it can bring about a radical change, a transformation, within the individual in a natural and spontaneous way. It is a phenomenon that can occur not only in the individual but in a group context too.*”⁵ As a ritual the technique doesn’t change or transform anything; this role is fulfilled by the power of life and the innate intelligence of the client. It isn’t a phenomenon but the natural enactment of our inheritance.

*“By providing sessions, we were acting as catalysts by effectively loosening the child’s grip on the past and its associated influences upon his current way of being. It has already been seen in the previous chapter that such influences, in principle, become established during the formative nine months of the gestation period. It is this holding onto the prenatal period (operating at an unconscious level) that is loosened through this work.”*⁶

This paragraph brings the Metamorphic Technique within the domain of a therapy. It should read: “By providing sessions, we were acting as catalysts. The life force can loosen the child’s grip on the past and its associated influences upon his current way of being. It has already been seen in the previous chapter that such influences, in principle, become established during the formative nine months of the gestation period. It is this holding onto the prenatal period (operating at an unconscious level) that is loosened.”

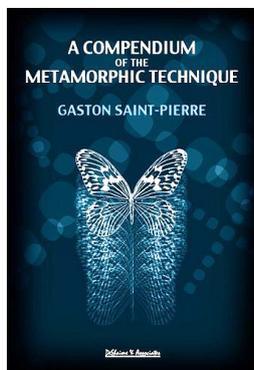
Of course the ritual of eating a meal at a table assuages hunger. However, the important part occurs when the energy of the food is transformed into the energy of the body. It is a natural process. People come to receive Metamorphic Technique sessions pushed as it were by a hunger for transformation. The practitioner as a catalyst helps in the setting up of the ritual of the session.

The life force of the clients transforms their patterns in the way that is right for them. In transformation there is always a transcendental development from one level to a finer level. It is why it is important for the practitioner to adopt an attitude of detachment.

Gaston Saint-Pierre, February 2010

¹The quotations in this text come from a booklet by David Singer called ‘Becoming who we are’ which is now part of the book „A compendium of the Metamorphic Technique“ by Gaston Saint-Pierre. See page 61

²See page 63, ³See page 68, ⁴See page 69, ⁵See page 79, ⁶See page 82



A Compendium of the Metamorphic Technique

by Gaston Saint-Pierre. Edition DeShaime and Associates

Includes three texts:

- Fundamentals of the Metamorphic Technique;
- Becoming who we are, by Dave Singer;
- the Six Essays on the Prenatal Pattern.

This book has also been translated into
French: Compendium de la technique de la Métamorphose
German: Kompendium der Metamorphischen Methode