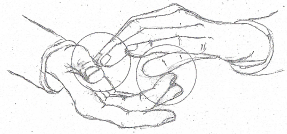


From a social perspective people have reported an increasing ability to be more of who they truly are rather than how others think they should be.

Finding out more and deepening your understanding.

The physical practice of the Metamorphic Technique is very simple to learn and to use and there is no formal training required. Talks and workshops are widely available for people who want to develop their understanding of the Technique or are interested in becoming registered practitioner members.



One long standing practitioner member has poetically suggested that people may feel drawn to the Metamorphic Technique because a session represents a celebration of the unique expression of life that they already are.

Aim

The Metamorphic Association aims to provide the opportunity for people to join together in a way that brings out and expresses each person's unique individuality and skills.

History: *The origins of this work.*

Gaston Saint-Pierre founded the Metamorphic Technique in the late 1970's. He had long held a passionate interest in the question of transformation, and also had a deep awareness of why transformation could not be intentionally 'caused'.

When he encountered the Prenatal Therapy work of Robert St. John, this proved to be the final trigger to the emergence of the practice he named the Metamorphic Technique.

He founded the Metamorphic Association in 1979 and this became a registered educational charity in 1984.

For more information please look on our website or contact:

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*The
Metamorphic Technique:
a celebration of the unique
expression of life that
you are.*

**'Metamorphosis is the movement of
transformation from who you are to what you
can be, freeing your creativity.'**

Gaston Saint-Pierre

Founder of the Metamorphic Technique

www.metamorphicassociation.org