

Code of Practice

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1. Introduction

In relation to the innate power and intelligence that is the client's life, the Metamorphic Association member who is practicing The Metamorphic Technique®, recognises the limited nature of their own understanding. To this end the Practitioner provides clients with an environment that is free from direction. This Code of Practice sets out the standards of practice that are expected of all members of the Metamorphic Association. It is designed to encourage integrity and responsibility in the practice of the Metamorphic Technique® and to further the standing of members of the Metamorphic Association. Members of the Association are required to fully comply with this Code of Practice.

2. Relationship with the client

2.1 Members shall make clear agreements with clients. It is not possible to guarantee an outcome, if any, of Metamorphic Technique® sessions, therefore the terms on which sessions are provided should be clearly stated. Fees and session times should be clearly agreed before a session commences. When practitioners offer sessions without payment of a fee they work under the same code of practice and professional obligations to the client as when a fee is paid.

2.2 A member has the right to refuse to give a session to a client.

2.3 A client has the right to refuse a session and to request that a session be stopped; members shall respect these rights and requests at all times.

3. Presentation and practice of the Metamorphic Technique®

3.1 Members shall perform the Metamorphic Technique® as taught, whereby a light touch is applied to areas of the feet, hands and head where, in reflexology, the spinal reflexes can be found, as taught in the official 12-hour Metamorphic Technique® Workshop; this touch shall not extend beyond these areas, nor shall any pressure be deliberately applied.

3.2 Metamorphic Technique® is non-therapeutic without any intentional outcome. Members shall work with an attitude of detachment, which means respecting the importance of keeping out of the way. They shall refrain from diagnosing, from varying the practice in order to concentrate on any perceived condition and from offering advice in the context of a Metamorphic Technique® session.

3.3 Members shall present the Metamorphic Technique® clearly and accurately to clients in that they may not make any claims whatsoever regarding outcomes of receiving Metamorphic Technique® sessions.

3.4 Members may not recommend a ‘course’ or set number of sessions for clients or try, in any other way, to deliberately influence the client to return for more sessions.

3.5 It is a guideline that practitioners do not mix therapies and Metamorphic Technique® with the same client. This applies to a specific context where there is a professional relationship existing between the practitioner and client. This requirement does not apply to sessions carried out in other contexts such as with family or friends. It is suggested that if you are working therapeutically with a client and they would like to try Metamorphic Technique®, that you offer a taster session, giving the client the opportunity to then choose to either continue to receive Metamorphic Technique® sessions from you or alternatively receive whatever treatments you offer. Your client is of course free to have any type of therapy with another person alongside receiving sessions of Metamorphic Technique® from you or vice versa.

4. Professional development and collaboration

4.1 It is a requirement of Membership that Practitioners who are working with the public, Practitioner Teacher, Apprentice Teacher and Teacher members all attend the Metamorphic Association's Continuing Education Programme. It is also encouraged that Members seek out communication with colleagues with a view to broadening their knowledge and awareness.

4.2 Members shall not speak or write disrespectfully of fellow members either publicly or to clients. (Any complaints against a member should be made according to the complaints procedure as set out in our Complaints & Disciplinary Policy.)

5. Administration and publicity

5.1 Members may not use the term ‘qualified’ alongside their name in respect of the Metamorphic Technique®. They may, however, use the term ‘Member (or Practitioner / Practitioner Teacher / Apprentice Teacher / Teacher Member) of the Metamorphic Association’. These terms may not be abbreviated to letters following their name (such as MMA).

5.2 Members may advertise their services, using the Trademark 'Metamorphic Technique®' to describe their work, exercising care that nothing is said or implied that would make inappropriate claims of a cause-and-effect nature, or discredit, the Metamorphic Technique® or the Metamorphic Association.

5.3 Members shall respect client confidentiality at all times. Information about a client may not be disclosed to any third party without that client’s consent.

5.4 Members are bound by all the Metamorphic Association’s Policies and Procedures and they should provide clients with information from the relevant Policy in the event that a client wishes to make a complaint.